

UNIVERSAL HUMAN VALUES (BUHK408)

COMPREHENSIVE STUDENT WORKBOOK

Designed for Semester III Students

Module 1: Introduction to Value Education

Learning Outcomes:

- Understand the core concepts.
- Apply values in daily life.
- Develop ethical reasoning.
- Improve personal and social responsibility.

Part A: Reflection Questions

1. Define value education in your own words.
2. What are the basic aspirations of every human being?
3. Differentiate happiness and prosperity.
4. Why is self-exploration important?
5. How does education contribute to holistic development?

6. List five values you consider essential in life.

7. Can material wealth alone ensure happiness? Why?

8. Describe a situation where values guided your decision.

9. What is the role of right understanding in life?

10. How can value education improve society?

Part B: Short Answer Questions

1. Write a short note on the topic discussed in this module.

2. Write a short note on the topic discussed in this module.

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8. Write a short note on the topic discussed in this module.
9. Write a short note on the topic discussed in this module.
10. Write a short note on the topic discussed in this module.

Part C: Case Study Analysis

Read a relevant real-life case and answer:

- What happened?
- Which values were involved?

- What could be improved?
- What did you learn?

Part D: Group Activity

Conduct a group discussion and summarize the key findings.

Part E: Assignment

Prepare a report on: Continuous Happiness and Prosperity

Module 2: Harmony in the Human Being

Learning Outcomes:

- Understand the core concepts.
- Apply values in daily life.
- Develop ethical reasoning.
- Improve personal and social responsibility.

Part A: Reflection Questions

1. Distinguish between Self and Body.

2. What are the needs of the Self?

3. What are the needs of the Body?

4. Why is the body called an instrument of the Self?

5. What is self-regulation?

6. How can health be maintained holistically?

7. Explain harmony between Self and Body.

8. What causes inner conflict?

9. Describe your daily routine and its impact on health.

10. Suggest ways to improve physical and mental well-being.

Part B: Short Answer Questions

1. Write a short note on the topic discussed in this module.

2. Write a short note on the topic discussed in this module.

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8. Write a short note on the topic discussed in this module.

9. Write a short note on the topic discussed in this module.

10. Write a short note on the topic discussed in this module.

Part C: Case Study Analysis

Read a relevant real-life case and answer:

- What happened?
- Which values were involved?
- What could be improved?
- What did you learn?

Part D: Group Activity

Conduct a group discussion and summarize the key findings.

Part E: Assignment

Prepare a report on: Harmony between Self and Body

Module 3: Harmony in Family and Society

Learning Outcomes:

- Understand the core concepts.
- Apply values in daily life.
- Develop ethical reasoning.
- Improve personal and social responsibility.

Part A: Reflection Questions

1. Why is family the basic unit of society?

2. What is trust?

3. How is respect expressed in relationships?

4. What is justice in human relationships?

5. Why do conflicts arise in families?

6. Explain the importance of communication.

7. What is universal human order?

8. Describe a relationship strengthened by trust.

9. How can society become more harmonious?

10. What values are needed for social harmony?

Part B: Short Answer Questions

1. Write a short note on the topic discussed in this module.

2. Write a short note on the topic discussed in this module.

3. Write a short note on the topic discussed in this module.

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5. Write a short note on the topic discussed in this module.

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7. Write a short note on the topic discussed in this module.

8. Write a short note on the topic discussed in this module.

9. Write a short note on the topic discussed in this module.

10. Write a short note on the topic discussed in this module.

Part C: Case Study Analysis

Read a relevant real-life case and answer:

- What happened?
- Which values were involved?
- What could be improved?
- What did you learn?

Part D: Group Activity

Conduct a group discussion and summarize the key findings.

Part E: Assignment

Prepare a report on: Building Trust and Respect

Module 4: Harmony in Nature and Existence

Learning Outcomes:

- Understand the core concepts.
- Apply values in daily life.
- Develop ethical reasoning.
- Improve personal and social responsibility.

Part A: Reflection Questions

1. Explain interconnectedness in nature.
2. What are the four orders of nature?
3. How are humans dependent on nature?
4. What is mutual fulfillment?
5. What is ecological balance?
6. How can sustainable living be practiced?

7. Describe environmental challenges in your locality.

8. What is coexistence?

9. How does waste affect nature?

10. Suggest eco-friendly practices for students.

Part B: Short Answer Questions

1. Write a short note on the topic discussed in this module.

2. Write a short note on the topic discussed in this module.

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4. Write a short note on the topic discussed in this module.

5. Write a short note on the topic discussed in this module.

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7. Write a short note on the topic discussed in this module.

8. Write a short note on the topic discussed in this module.

9. Write a short note on the topic discussed in this module.

10. Write a short note on the topic discussed in this module.

Part C: Case Study Analysis

Read a relevant real-life case and answer:

- What happened?
- Which values were involved?
- What could be improved?
- What did you learn?

Part D: Group Activity

Conduct a group discussion and summarize the key findings.

Part E: Assignment

Prepare a report on: Harmony with Nature

Module 5: Professional Ethics

Learning Outcomes:

- Understand the core concepts.
- Apply values in daily life.
- Develop ethical reasoning.
- Improve personal and social responsibility.

Part A: Reflection Questions

1. What are professional ethics?
2. Why is ethical conduct important?
3. What is competence in professional ethics?
4. How can technology serve humanity?
5. What are value-based management models?
6. Describe an ethical dilemma in engineering.

7. How can corruption be prevented?

8. What is social responsibility?

9. Why should professionals care about sustainability?

10. How can human values improve workplaces?

Part B: Short Answer Questions

1. Write a short note on the topic discussed in this module.

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Part C: Case Study Analysis

Read a relevant real-life case and answer:

- What happened?
- Which values were involved?
- What could be improved?
- What did you learn?

Part D: Group Activity

Conduct a group discussion and summarize the key findings.

Part E: Assignment

Prepare a report on: Human Values and Professional Excellence